

BABY PROOFING



checklist

KITCHEN

- ☐ Cupboard locks/clips on doors and draws that contain breakable sharp items
- ☐ Cupboard locks/clips on doors and draws that hold harmful items e.g. cleaning products, alcohol, and medicines.
- ☐ If possible move the above items to a storage cupboard high and out of reach, with a lock.
- ☐ Anchoring furniture that can be pulled over and tipped
- ☐ Appliance locks e.g. microwave, fridge, oven etc.
- ☐ Wrap dangling cords
- ☐ Cover electrical outlets
- ☐ Corner cushions for sharp edges of benches or tables
- ☐ If possible, a baby gate that barriers off access to the kitchen or pantry
- ☐ Remove small magnets (smaller than 20cent piece) from the fridge

LIVING SPACES

- ☐ Anchoring or mounting T.V
- ☐ Wrapping electrical cords e.g T.V
- ☐ Draws or cabinets that require locks/clips
- ☐ Cover electrical outlets
- ☐ Corner cushions for sharp edges of furniture
- ☐ Anchoring furniture e.g bookshelves, tall lamps, hall tables, mirrors
- ☐ Removing hazardous items around the fireplace
- ☐ Baby safety gate around the fireplace, at the appropriate distance.
- ☐ Window locks, if the window opening is more than 12.5cm
- ☐ Blind cord wrapped
- ☐ Locks on doors leading to outside areas



STAIRCASE

- ☐ Baby safety gates at the top and bottom of stairs (avoid pressure gates at the top of stairs)
- ☐ Handrails/ balustrade openings of more than 12.5cm require covering

NURSERY

- ☐ Furniture anchored
- ☐ Cot set up for safe sleep e.g. no bumpers, toys, no low hanging mobiles
- ☐ Cupboard locks/clips on doors and draws
- ☐ Baby supplies out of reach e.g. wipes, creams, hand sanitiser
- Electrical cords wrapped and secured e.g. baby monitors, sound machines

WORK SPACES

- ☐ Wrap and bundle electrical cords e.g. computer, chargers, printer
- ☐ Cupboard locks/clips on doors and cupboards
- ☐ Baby safety gate to barrier off space if needed

BATHROOMS

- ☐ Cabinet and draw locks/clips
- ☐ Move hazardous e.g. medicines, nail polish, sanitiser, cleaning items up high and locked away.
- ☐ Window locks for opening more than 12.5cm
- ☐ Toilet lock

LAUNDRY

- ☐ Hazardous and poisonous products locked and out of reach, e.g. cleaning products, medicine
- ☐ Anchoring furniture
- ☐ Safe space for soaking clothes in water filled buckets

OTHER BEDROOMS

- ☐ Anchor furniture
- ☐ Window openings of more than 12.5cm
- ☐ Wrap window cords
- ☐ Wrap and bundle electrical cords

Remember

All homes and all children are unique when it comes to baby proofing and safety needs. This checklist should be used as a starting point and general guide for baby proofing and safety. For the highest quality and accurate assessment of your baby safety and proofing needs arrange a time for a member of the First Steps Safe Steps team to help.

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